

THE WORLD'S MOST UNIQUE BEAUTY MAGAZINE

NEW BEAUTY

GOOD GENES OR
GREAT
DOCTOR?

HOW WILL YOU
AGE?

THIS IS WHAT
55
LOOKS
LIKE!

* BREAKTHROUGHS THAT
ERASE
YEARS

THE NEW
LIQUID FACELIFT
30-MINUTE MIRACLE MAKEOVERS



newbeauty.com

05

the skin preserver

APPLE STEM CELLS

APPLE STEM CELLS ARE OBTAINED FROM THE RARE SWISS UTTWILER SPATLAUBER APPLE TREES. THE APPLES ARE REVERED FOR THEIR ABILITY TO LAST A FEW MONTHS WITHOUT SPOILING.

THE THEORY

Epidermal stem cells are responsible for creating new epidermal cells that are lost through the natural shedding process. But they are slow to divide, and the fewer cells there are, the more the skin begins to look aged. "Basically, the theory is that if the stem cells of apples are combined with epidermal stem cells, they will prolong the life of the existing stem cells so there will be more viable cells," says New York City plastic surgeon Nina S. Naidu, MD. Apple stem cells are believed to regenerate damaged adult stem cells, protecting them from environmental aggressors to reduce the appearance of wrinkles, fine lines and uneven skin tone and texture.

FIND THEM IN: Clark's Botanicals Cellular Lifting Serum, \$355, clarksbotanicals.com



WHAT THE EXPERT SAYS

"Theoretically, using apple stem cells on the skin may protect it from the aging effects of UV rays, and it may also help to stimulate antioxidants and skin healing. But we really need more data to determine if they act in the same manner as human stem cells," says Dr. Naidu.